



## UNC CFAR Social and Behavioral Science Research Core SABI Database

**INSTRUMENT TITLE:** Measures of Stigma and the Social Impact of Disease

**SOURCE ARTICLE:** Fife, B. L., Wright, E. R. (2000). The Dimensionality of Stigma: A Comparison of Its Impact on the Self of Persons with HIV/AIDS and Cancer. *Journal of Health and Social Behavior*, 41(1), 50-67.

**RESPONSE OPTIONS:** Not at all, Sometimes, Most of the time, All of the time (for both the frequency and interference scales)

**SURVEY ITEMS:**

Frequency scale: How often have you experienced each symptom in the past two weeks?

Interference scale: How much has each symptom bothered you during the past two weeks?

1. My employer/co-workers have discriminated against me.
2. Some people act as though I am less competent than usual.
3. I feel I have been treated with less respect than usual by others.
4. I feel others are concerned they could “catch” my illness through contact like a handshake or eating food I prepare.
5. I feel others avoid me because of my illness.
6. Some family members have rejected me because of my illness.
7. I feel some friends have rejected me because of my illness.
8. I encounter embarrassing situations as a result of my illness.
9. Due to my illness others seem to feel awkward and tense when they are around me.
10. I have experienced financial hardship that has affected how I feel about myself.

**TERMS OF USE:**

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

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11. My job security has been affected by my illness.
12. I have experienced financial hardship that has affected my relationship with others.
13. I feel others think I am to blame for my illness.
14. I do not feel I can be open with others about my illness.
15. I fear someone telling others about my illness without my permission.
16. I feel I need to keep my illness a secret.
17. I feel I am at least partially to blame for my illness.
18. I feel set apart from others who are well.
19. I have a greater need than usual for reassurance that others care about me.
20. I feel lonely more often than usual.
21. Due to my illness, I have a sense of being unequal in my relationships with others.
22. I feel less competent than I did before my illness.
23. Due to my illness, I sometimes feel useless.
24. Changes in my appearance have affected my social relationships.

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